



# News January 2020

## 2019 Review

It is amazing how quickly 2019 disappeared. It has been a great year to see how God has been working in our community. We have been blessed to move to our new location giving us an office space that is up-to-date with regulations. The comments have been positive from both visitors and clients. We have seen many of our clients come from difficult situations such as homelessness, to working and becoming self-sustaining. Many of God's people have been a great support in providing for these needs.

This past year we were able to minister to 120 families over 695 appointments. This gave us 15% more opportunities to meet with clients than the previous year. Having more opportunities like this provides us with greater influence and relationship building.

During the year we had the privilege of seeing 27 babies born. The blessing of getting to see our clients bring their newborn in for the first time is wonderful. Every parent is proud to show off their newborn and the staff and volunteers of Hands of Hope get to participate in this wonderful event.

Our primary goal at Hands of Hope is to lead clients to a relationship with Jesus Christ. Throughout the year we had 230 spiritual discussions and shared the gospel with 43 of our clients. Because of the spiritual emphasis of this ministry we have had one client become a believer and are seeing God draw others to Him.

What will 2020 bring? Of course, only God knows but we are believing He will use this ministry to bring healing to the hurting and salvation to the lost. The emphasis will be on standing in the gap for the broken "For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds" (2 Corinthians 10:3-4, NIV). Join us in the fight for families in our community.

We are thankful for all your support to the ministry at Hands of Hope. We cannot do it without your partnership. Many blessings in 2020.

*Paula*

## PLEASE PRAY

- Those in our community who are in a pregnancy decision.
- Father involvement in the lives of their children.
- Salvation to come to family households.

**Join us in prayer during our  
40 Weeks to Life. Visit  
[hh4life.org/40weeks](http://hh4life.org/40weeks) for  
information.**

### Staff:

Paula Rogalski – Executive Director, [progalski@hh4life.org](mailto:progalski@hh4life.org)

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Angie Davis — Office Assistant  
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### Board:

Jerry Byers — Chair

Jenny Arrowood – Secretary

Chris Francis — Treasurer

Kate Johnson— Board Member

Sandy Huntley— Board Member

Dian Clippinger - Board Member

Pastor James Frazier - Board member

# 40 Weeks to Life

**Between January 19 and October 25, 2020**

Birth takes place 40 weeks after conception; the time God designed for a baby to be born. Pray with us for the abortion minded in our area. We are asking churches to commit to a week between January 19 and October 25 to focus on families in our community who are facing a pregnancy decision. Visit [hh4life.org/40weeks](http://hh4life.org/40weeks) to learn more or call us at 828-247-4673 to commit to a week of prayer.

Paula asked that we share our thoughts about the past year and about the work the Lord has allowed us to do in 2019. This year has been one of change. We moved locations and it is perfect, we have transitioned to using "Hope Bucks" with our clients which has given more flexibility and created opportunities to meet with them more often, we have been able to implement a men's night once a month, and we have tried different ways of raising funds.

Change is a good thing. I have heard that if you are not changing, then you are not growing. Therefore, we have seen growth this year. We have seen an increase in client visits, we have seen an increase in community awareness, and we have seen an increase in overall support. The most important things we have seen this year is the work the Holy Spirit is doing in some of our clients.

One client in particular stands out. When she first came, she was not sure about Christianity or the church. She had been raised in an abusive home that was also a church home. As a result, she wanted nothing to do with the wrathful god she had been shown. We have been able to share the Word with her and explain the truth in scripture. She has been introduced to the Lover of her soul and she is so hungry to know Him more! THIS is why we are here!!

The Lord has given vision for the upcoming year, so we will be obedient in following His leading. Please continue to pray for this ministry and join in with us and the Lord as we reach our community for Him - saving lives and saving souls!

*Michelle P. Flynn*

### How your donations have helped families in need.

Listed are some of the supplemental items and the number of families that benefited this past year. These are not necessarily the number of items given in some cases, but the number of families who benefited. We provide a new parent's package when a baby is going to be born consisting of blankets, diapers, wipes, towels, washcloths and other items they may need. This prepares them for taking baby home.

Breast Pump - 6

Clothing - 248

Diapers - 371

Formula - 85

Car Seat - 12

Pack-N-Play - 8

Maternity Clothes - 37

Shoes/Socks - 75

Toys - 86

Wipes - 298

Housing - 5

Food - 6

Store Gift Cards - 4

And more...

## Events to Put on Your Calendar

### 40 Weeks to Life

January 19 through October 25

Churches can commit to a week of prayer and emphasis on life.

### Walk for Life & Pancake Breakfast

Saturday, March 28, 2019

Grace Chapel in Forest City

Keep watch on our website and Facebook page for more details.

## October - December

46 Clients Served

13 First-Time Visits

150 Visits

7 Babies Born

5 Gospel Opportunities

52 Spiritual

Discussions

2 Pregnancy Tests

### Hands of HOPE for Life, Inc.

671 Oak Street, Ste. 2

Forest City, NC 28043

828-247-4673

M - Th 10:00 - 4:00

3rd Tu 1:00 - 8:00

Subscribe to our website

**hh4life.org**

to receive email updates.

Follow us at:

facebook.com/HandsOfHopeForLife

Wow what a year 2019 was for us at Hands of Hope! It was a year of change, growth, and blessings.

**Change:** We started the 2019 New Year with a new way we used incentives for clients. In the previous years, clients would come once a month for their appointment, then received a monthly supply list of specific items. Now clients come as often as they want/need and earn Hope Bucks in which they use for exactly what they need when they need it. To be honest, I was not so sure how it was going to work. I have seen that we have increased the opportunity to speak life, truth, and the love of Christ into our clients' lives. This approach builds self-confidence and esteem. It also teaches budgeting and personal growth in our clients.

We have changed our physical location, which is one of the first steps needed to comply with OSHA, State, and Federal codes for the ultrasound ministry. This move has given us a healthier work/client environment, convenient client friendly layout (no stairs or elevator), and has increase our visibility in the community.

**Growth:** We have made connections with Parent Learn through Isothermal Community College high school diploma program. Clients earn their HOPE Bucks by attending these classes while earning their high school diploma. This past year we had one client complete his high school diploma and have another working towards theirs. We offered Keys to Employment Job Skills classes in the beginning of the year which some had completed.

We have expanded the Fatherhood curriculum to include a monthly Dad's night led by George Allen using Fathering in 15. Fathering in 15 through The National Fatherhood Initiative is an interactive, online tool that helps men build the knowledge and skills they need to be the best dads they can be.

**Blessings:** God has blessed Hands of Hope and me personally, time and time again! I don't know where to start; I could not possibly list each blessing. For me personally, one of the biggest blessings was witnessing the salvation of a client. God continues to amaze me at His generosity, mercy, and grace poured out over us and our clients through His people. In times when I just could not see an answer for a difficult situation, God would provide the solution from unimaginable places. Thank you for your willingness to be the "unimaginable place"!

*Angie Davis*

Services provided by Hands of Hope Pregnancy Resource Center are free and confidential.

**Free Pregnancy Tests** - Confidential pregnancy tests are given to any woman who feels they may be pregnant. They will meet with a trained counselor in a confidential, non-judgmental setting to talk about their situation.

**Family Strengthening Education** - Using a video-based curriculum, moms and dads can learn what is needed to provide a strong family unit. Some topics covered include parenting personalities and their affects on a child's development, discipline, and life skills.

**Fatherhood Support** - The third Tuesday of the month a dads group meets to support each other and talk about fatherhood stresses. A video-based fatherhood curriculum is available for dads to go through teaching them about their role as dad. An online program is available for dads who are unable to meet at the facility.

**Abortion Recovery** - Using various Biblically based studies women and men can meet on an individual basis or in a small group to find healing from a past abortion.

**Counseling Services** - Staff is available to speak one-on-one with women or men who are struggling with a personal and family issue.